

# MAKE PARENTING A PLEASURE



*Parenting is the most challenging and most important job there is!*

This course give families the strategies and skills that will reduce family stress, help parents understand and communicate more effectively with their children, and help parents provide positive and effective discipline. This series is for any parent who wants to improve their parenting skills and help their child be more successful.

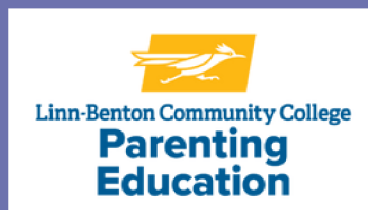
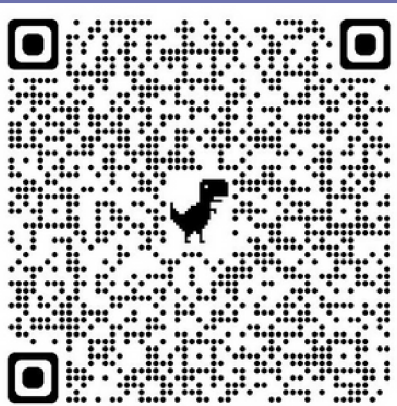


**FREE MATERIALS & INCENTIVES FOR PARTICIPATION**

ON ZOOM  
6:00-7:30 PM  
THURSDAYS

**FREE**

Beginning April 6th, 2023



**For accommodations requests, contact the Center for Accessibility Resources (CFAR) at [541-917-4789](tel:541-917-4789) or [cfar@linnbenton.edu](mailto:cfar@linnbenton.edu) at least three business days in advance. LBCC does not discriminate based on any protected status in its programs or activities. For more information, visit [linnbenton.edu/nondiscrimination](http://linnbenton.edu/nondiscrimination).**