

Parenting can be HARD. Especially these days.
But it's better with support!

Join us for a one-night workshop to learn how to **PARENT SMARTER, NOT HARDER!**

Best for families with elementary school aged children

**When good parenting advice
isn't working, learn what's really
going on inside your child.**

**Work on ways to
improve communication and
problem-solving.**



**Instructors: PK McCoy &
Nina Petrovich**

**Wednesday, March 8th from 6:00pm-8:00pm
FREE. Dinner & childcare provided.**

Dinner starts at 5:30pm

Held in Philomath at Clemens Primary School

**Register and reserve your childcare space
by contacting Jen at (541) 929-2535
or jennifer.srf@ruralfamilies.org**



BROUGHT TO YOU BY:
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