# **2023 Parenting Success Network**

## **Programming Menu**

For more information, contact Sommer at <a href="mailto:smcleish@samhealth.org">smcleish@samhealth.org</a>

# **Special Needs/Health Challenges**

## Nurturing Parenting series

12-week series designed to help families of children with chronic medical conditions, developmental delays, or life-altering disabilities

## Triple P Primary Care

One-on-one support for families of children with special needs of all ages

## Workshops

All Children have Special Needs with Coach4Parents

## **Families with Teens**

## Active Parenting of Teens series

6-week series to learn skills for effective discipline, teach responsibility, and communication; available in English or Spanish

## Triple P Online

Online modules available in English for ages 12-17 years old

## **Supports in Spanish**

## Abriendo Puertas series

10-week culturally responsive series that honors family experiences, history, and knowledge

#### Active Parenting of Teens series

6-week series to learn skills needed for effective discipline, teach responsibility, and communication with their teen

## Parent Coaching

One-on-one support from a parent coach in Spanish

### Workshops

¡El Padre que Quiero Ser! Abogando por su Familia

#### Triple P Online

Available in Spanish for families with children ages 0-11 years old

## **Triple P Online**

## En Español

8 online modules go at your own pace for families with children ages 0-11 years old

## In English

8 online modules go at your own pace for families with children ages 0-17 years old

## **Parent Coaching**

#### Coach4Parents

Richard works with dads, families with teens, and co-parenting families

### Triple P Primary Care

For families with children of all ages; special needs families welcomed (available only in English)

#### En Español

Get one-on-one support from Luis, parent coach and facilitator, in Spanish

## Effective Black Parenting program

Support for Black and African American families including fostering or adoptive families with Black children or children of African descent

### LGBTQIA2S+

Support for parents/caregivers raising families and for families with youth who identify as part of the LGBTQ+ community

# Effective Black Parenting Program

## Effective Black Parenting series.

15-week group-based parenting skills series designed to serve Black and African American families

## Parent Coaching

One-on-one support for Black and African American families with children of all ages

#### Workshops

Building Black Pride: Infancy through Adolescence

