

# Parenting Teen vs Child Understanding Adolescence

Are your parenting skills up to date  
as your child transitions into adolescence?

This FREE, one-night workshop, taught by Al Krug, is best  
for families with youth ages 10-18 years old

What works? Examine the most effective positive parenting  
practices that develop happy and responsible young adults.



Topics explored in this workshop:

- Why do they act that way?
- What are some of the major challenges in parenting your child & how to effectively respond to them?
- Understanding adolescence through developmental theory & positive parenting.

**Wednesday, May 24**

**6:00pm-8:00pm, dinner served @ 5:30pm**

**Held at Philomath Middle School. FREE**

**Contact Jennifer to register at (541) 929-2535**

**or [jennifer.srf@ruralfamilies.org](mailto:jennifer.srf@ruralfamilies.org)**

BROUGHT TO YOU BY:

Strengthening Rural Families & LBCC -Parenting Success Network,  
with funding from the Oregon Department of Human Services.



**Strengthening Rural Families**  
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