NURTURING PARENTING CLASS



Best for families with children ages 0-12

Instructor: Brian MacInnes

PARENTS, you will learn:

- New skills and strategies to support positive parent-child relationships with ways to talk and interact better with your family
- Ways to take care of yourself during the demands of parenting
- Techniques for disciplining your kids in a positive way and share which strategies are working

Mondays, September 25-November 27

6:00pm-7:30pm

Dinner @ 5:30pm,

Childcare included

Cost: FREE

Held at the Santiam Canyon Early Learning Center 233 SW 3rd St., Mill City

Incentives will be given for attendance

Please pre-register and reserve your childcare space by contacting Daniela call/text at (503) 593-3523, daniela@ruralfamilies.org



Strengthening Rural Families P.O. Box 1528, 535 S. 19th St., #162 Philomath, OR 97370 (541) 929-2535 www.ruralfamilies.org





BROUGHT TO YOU BY:

Strengthening Rural Families,
LBCC-Parenting Success Network,
DELC, with thanks to
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