## Strategies for Unlocking Challenging Behavior



**Presenters: Nina Petrovich and Michelle Moreland** 



Tuesday, January 2nd, 2024 5:00-7:00 pm

## Two Part Workshop

Wednesday, January 3rd, 2024 5:00-7:00 pm

Lincoln City Cultural Center 540 Hwy 101, Lincoln City

- -Understand what is happening in the body and brain
- -Practical tools for emotional regulation
- -Understand what is behind challenging behaviors
- -Build skills to respond to parenting challenges
- -Strategies for building connection with your child

Scan Here to Register

For more information or to register, contact: georgias@samhealth.org







