

# ACTIVE PARENTING OF TEENS CLASS

Best for families of  
middle school and high school youth



**Instructors:**  
**PK McCoy & Nina Petrovich**

**PARENTS**, you will learn:

- How to be an encouraging parent
- Positive ways to relate to your teen by learning how to better understand them
- Methods of respectful discipline
- Skills for clear, honest communication
- Strategies to prevent risky behavior

**Wednesdays, April 17 - June 5**  
**6:00pm-8:00pm, with dinner @ 5:30pm,**  
**Childcare included. FREE**

**Philomath Middle School, 2021 Chapel Dr.**

**Please pre-register by contacting Jen,**  
**[jennifer.srf@ruralfamilies.org](mailto:jennifer.srf@ruralfamilies.org) or (541) 929-2535**



**BROUGHT TO YOU BY:**  
**Strengthening Rural Families &**  
**LBCC-Parenting Success Network,**  
**with funding from ODHS,**

